



Mexico Public Schools

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Central Office
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Wellness Committee Meeting Notes

**Eugene Field Elementary
School**
704 W. Boulevard
Mexico, MO 65265
(573) 581-5268

Date: March 13, 2024
Time: 1:00-2:00 pm
Place: MELC

**Hawthorne Elementary
School**
1250 W. Curtis St.,
Mexico, MO 65265
(573) 581-3064

In attendance: Joyce Fenner, Christina McCaw, Brooke Biggers, Casey Echelmeier

**McMillan Elementary
School**
1101 E. Anderson St.
Mexico, MO 65265
(573) 581-5029

- I. Discussed inviting new people to join the wellness committee:
 - A. Two students from the Health Services class at MHS will be joining the committee - EC and AH
 - B. A board member will be invited - it was decided to wait until after the upcoming board election.
 - C. Joyce will send invitations to continue to be on the committee to past members.

Mexico Middle School
1200 W. Boulevard St.
Mexico, MO 65265
(573) 581-4664

- II. It was discussed adding “mental wellbeing” to the wellness policy. Joyce will check other districts regarding wording/adding it to our policy.

Mexico High School
639 N. Wade St.
Mexico, MO 65265
(573)581-4296

- III. Goal for next school year - We will look for grants that could be used for various wellness-related activities - such as bringing back staff snacks and rewards for participating in activities.

**Davis H. Hart Career
Center & Mexico Education
Center**
905 N. Wade St.
Mexico MO 65265
(573) 581-7084

- IV. Joyce will contact members to determine the best time/day for meetings that work for more people.
- V. Next meeting TBD